

# ROYAL BLUE RUN 2019, 21-23 June

**Positioning run (Blue)** – 20 June – Henley on Thames to Coventry (for Birmingham)

**Day 1 (Pink)** – 21 June - Birmingham to Liverpool and Chester

**Day 2 (Yellow)** – 22 June - Chester to Merthyr Tydfil (for Cardiff)

**Day 3 (Green)** – 23 June - Treherbert to Cheltenham

